

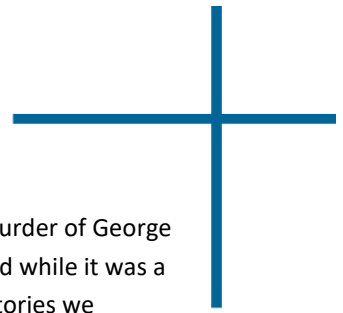


PROGRESS VALLEY

ANNUAL
REPORT
2020



Resiliency & Hope



Dear Friends,

To say 2020 was a “year to remember” would be an understatement. The COVID-19 pandemic and the murder of George Floyd were events that deeply impacted our country, our communities and the Progress Valley family. And while it was a year of uncertainty, pain, and loss, it was also one of fortitude, resilience and victory. Perhaps not the victories we anticipated when the year began, but ones that became necessary and critical nonetheless.

It was also a year of new beginnings. There is an increase of awareness and vigor around issues of social justice, both in society and the field of behavioral health. The pandemic has changed the way we live, the way we work, and the way we provide care, and not all for the worse. It has also helped us appreciate so many things we may have taken for granted.

When the pandemic arrived, our goals were to continue serving the people who needed us, to keep our staff working and to keep our staff and clients safe. We have a deep gratitude to the many people who helped Progress Valley continue through such a challenging year. This list includes, but is not limited to:

Our Staff: Without our outstanding and dedicated team members, none of this would have been possible. People across the agency overcame unique adversities and challenges each day to continue the work of saving and changing lives. This perseverance not only demonstrates the character of these individuals, but also their commitment to helping make recovery a reality for people in need.

Our Board of Directors: Like our staff, the members of our board went “above and beyond” to help guide PV through these unprecedented times. Their support and responsiveness helped formulate decisions and implement them very quickly when needed. In addition to holding special sessions throughout the pandemic, they also found creative ways to encourage and support our staff and clients!

Our clients: Being in early recovery is hard and doing it during a pandemic is infinitely harder. Our clients showed tremendous courage, perseverance and flexibility in navigating their recovery in new and different ways. Just like our staff, we relied upon our clients as essential partners in following protocols to help keep our staff, clients and facilities safe.

Friends & Supporters: Many people supported PV through various forms of financial gifts, in-kind donations and more. While these are always appreciated and put to good use, they were especially important last year. Your generosity helped support our mission in challenging times and also advanced our Rewards in Positive Living Environment (RIPE) program, which provides tangible rewards and incentives to our clients for demonstrating success in treatment.

Agency Partners: Many providers and leaders in our industry banded together, not only to help clients continue to access the services they need, but to help other agencies as well. In the face of uncertainties and continual changes, providers shared resources, information and knowledge to help define and achieve best practices through the pandemic. Much of this was done through the Minnesota Association of Resources for Recovery and Chemical Health (MARRCH), which was an invaluable resource for PV and so many others.

We closed 2020 with gratitude for what we had and what we were able to do through such difficult times. We have approached 2021 with confidence and expectancy that great things will rise from the ashes.

Thank you to each of you for your support and for continuing to be part of the Progress Valley story!



Dr. Jared Bostrom
Executive Director



2021 Board of Directors:

- Board Officers -
Kate Brennan
President

Ericka Miller
Vice President

Randy Raddatz
Treasurer

Phyllis Burger
Secretary

- Board Members -
Colleen Dorsey
Delaney Leighton
Jeff Mertens
Andrew Wyhinny

- Leadership Team -
Jared Bostrom
Executive Director

Jennifer White
Director of Operations

Kristine Kiltie
Finance & IT Director

Lisa Buck
Development Director

Renee Bowman
PV2 Program Manager

Tanya Tice
PV3 Program Manager

Amber Michalski
Outpatient Program Manager

Donna Bartow
Health Services Manager

James Hall II
Sober Housing Manager

Sue Killeen
Human Resources Manager

Dear PV Community,

At the end of 2020, I finished my first year as the President of the Progress Valley Board of Directors, and my sixth year of serving on the board. I would like to take a moment to reflect on the kind of year that 2020 turned out to be!

At the start of the year, we were beginning to discuss some exciting new directions for the organization. Little did we know that our priorities would change quickly as the entire world shut down for the global pandemic.

The staff and leadership pulled together to put new protocols in place to protect our clients, as well as our staff and leaders, from COVID. The staff adjusted to operating as an essential service under Minnesota emergency COVID regulations. Just like in our homes and family life, it sometimes came down to staff spending time looking for toilet paper and cleaning supplies!

Thanks to the efforts of our Executive Director, Dr. Jared Bostrom, and his team of dedicated managers and leaders, as well as each every member of our staff, we came through this even stronger. During the first weeks and months of the pandemic, we met more frequently as a Board, on an emergency basis on how things were going in the crisis, and to ask how we could help.

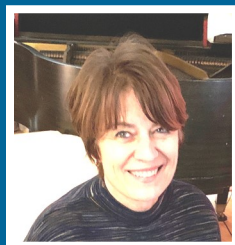
We learned that this organization was able to pull together and continue to provide excellent services, even when the additional crisis of civil unrest happened after the killing of George Floyd, we provided a safe and stable environment for our clients. The leadership made the difficult decision to suspend the men's residential program at PV1 in order to make sure that all of our residents were safe. We navigated the financial burdens that came from the dual crises.

With all of that going on, Jared and the leadership team have moved us into some new strategic directions—especially building a comprehensive outpatient program and offering financial assistance for sober housing to clients in need.

I am incredibly proud of Progress Valley's accomplishments in 2020. Especially of how adaptable and resilient the Progress Valley community has been through these harrowing times. Thank you to each and every member of the community for your passion and dedication to the mission.

Warm regards,

Kate Brennan
Board President



Our Mission:

Progress Valley provides a continuum of recovery support services which encourages and guides individuals to lead responsible, fulfilling, chemical-free lives.



PV1 - Men's Program



PV3 - Recovery Center for Men



PV2 - Women's Program & Outpatient Program

Our Vision

Sustaining Life-Long Recovery & Building Healthy Communities

Our Guiding Principles

- ◆ Incorporate 12 step philosophies in conjunction with evidence-based practice.
- ◆ Emphasize personal responsibility empowering individuals to be employed, participating in an educational program and/or volunteer services.
- ◆ Include comprehensive, individually designed clinical services.
- ◆ Provide participants with support and education in life skills throughout continuum of care.
- ◆ Serve individuals with compassion, care, respect, and dignity.

Treatment Program & Client Services

Progress Valley provides a broad continuum of recovery support services. The treatment model consists of 24 hours-a-day supervision (residential services), medication monitoring, individual and group counseling, mental health therapy, case management, referral services and continuing care. The expected length of stay is dependent upon each individual's clinical issues and corresponding progress, with the average residential stay at approximately 75 to 90 days. Focus is on personal responsibility, a strong work ethic (clients are required to work, volunteer or pursue educational opportunities after intensive programming), and use of 12 step philosophies and recovery principles.

We offer individuals, ages 18 and older from the Twin Cities area and greater Minnesota, who are suffering from substance use disorders and mental health issues opportunities for life-long personal changes and growth.

2020 Outcomes

- ◆ 95% of our clients reported being satisfied with the services they received.
- ◆ 92% of clients reported that their individual needs were met.
- ◆ 94% of clients reported they would recommend PV to others.
- ◆ 100% of our alumni surveyed at 6 and 12 months out, were in a stable living environment.
- ◆ 100% of our alumni surveyed at 6 and 12 months out, felt PV helped improve the quality of their life.

2020

BY THE NUMBERS



669

clients served in our treatment facilities (residential & outpatient)

SERVICE



HOUSING



117

men and women were provided affordable sober housing in 2020

\$41,261

amount of scholarships awarded to clients in need of financial assistance

SCHOLARSHIPS



MEALS



62,385

number of meals served to our clients in partnership with Second Harvest Heartland

330

cloth masks were made and donated by volunteers to help with COVID compliance efforts



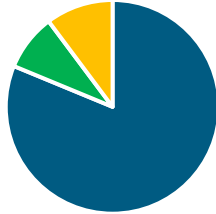
Visit www.progressvalley.org



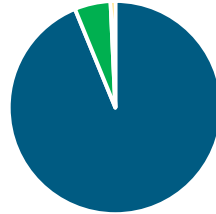
2020 PROGRESS VALLEY ANNUAL REPORT

TOTAL REVENUE...\$6,555,768

- Program Services...\$5,325,511 (81%)
- Investment & Other Income...\$560,577 (9%)
- Contributions & Events...\$669,680 (10%)



2020 Revenue



2020 Expenses

TOTAL EXPENSES...\$5,521,639

- Program Services...\$5,179,891 (93%)
- Management & General...\$302,115 (6%)
- Fundraising...\$39,633(1%)

Total Net Assets, Beginning....\$12,190,097

Total Net Assets, Ending.....\$13,224,226

STATEMENT OF FINANCIAL POSITION

ASSETS

Current Assets:

Cash	\$2,231,462	\$2,077,080
Accounts Receivable	892,827	788,098
Pledges Receivable	1,845	9,611
Prepaid Expenses	<u>82,432</u>	<u>81,931</u>
Total Current Assets	3,208,566	2,956,720

Long-term Assets:

Investments	4,997,056	3,967,282
Property and Equipment - Net	<u>6,831,212</u>	<u>7,129,204</u>
TOTAL ASSETS	<u>\$15,036,834</u>	<u>\$14,053,206</u>

LIABILITIES AND NET ASSETS

Current Liabilities:

Accounts Payable	\$ 95,041	\$ 84,289
Accrued Salaries & Vacation	342,666	277,555
Notes Payable	183,536	178,975
Security Deposits	<u>10,750</u>	<u>15,900</u>
Total Current Liabilities	631,993	556,719

Long-term Liabilities:

Notes Payable	<u>1,180,615</u>	<u>1,306,390</u>
TOTAL LIABILITIES	1,812,608	1,863,109

Net Assets:

Undesignated	10,043,376	9,330,669
Board Designated	<u>3,180,850</u>	<u>2,859,428</u>
Total Unrestricted Net Assets	<u>13,224,226</u>	<u>12,190,097</u>
Total Net Assets	<u>13,224,226</u>	<u>12,190,097</u>

TOTAL LIABILITIES & NET ASSETS

	<u>\$15,036,834</u>	<u>\$14,053,206</u>
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Contributing Companies & Foundations

Amazon Smile Charity Program
 Benevity Community Impact Fund
 - *Jeffery Counter*
 Better Way Foundation
 iGive.com
 C. Louis Meyer Family Foundation
 Greater Twin Cities United Way
 - *Erik & Jennifer Koehler*
 Opus Foundation
 The Simons Family Foundation
 Thrivent Choice Dollars
 - *Recommended by Keith Allen*

Individual Contributors

Anonymous Donors
 John Albers
 Aaryn Anderson
 Erik Anderson
 Donna Bartow
 Cindy Beegle
 Gabe Bellows
 Doug & Nancy Besemer
 Merilen Bikers
 Joe Blake
 Benjamin Bockover
 William & Patricia Bohm
 Jared Bostrom
 Renee Bowman
 Sidney Bremer
 Kate Brennan
 Louis Brown, Jr.
 Lisa Buck
 Phyllis Burger
 Gregory Byer
 Ginette Canniff
 Mona Carpenter
 Joshua Clepper
 Leroy Clouden
 Barbara Cook
 Peter Dignazio
 Paul Donovan
 Michael Dwyer
 Brandie Dzedzej
 Matthew Elfmann
 Margaret Erickson
 Juli Grage
 James Hall II
 Charissa Hanke
 Cindy Hanson
 Dale & Jane Harberts
 Lance & Frances Harris
 Susan Hellberg - *in honor of David Reynolds*
 Janel Henson
 Theresa Hess
 Stephanie Howes
 Colleen Johnson
 Samantha Keller

Sue Kidd
 Sue Killeen
 Kristine Kiltie
 Vanessa Kissinger
 Delaney Leighton
 Gale & Margaret Leshner
 Dain Lyngstad
 Gary & Mary Mandel - *in honor of Kim Miller-Marx*
 Dennis & Karen Martodam
 Jeffrey Mertens
 Amber Michalski
 Ericka Miller
 Kim Miller-Marx
 Jeffrey & Caridad Nelson
 Edward & Margaret O'Brien
 - *In memory of John O'Brien*
 Benedict & Rita Olk
 Joni Olson
 Brad Osmundson
 Callie Padrons
 Gillian Pearson
 Connie Peltier
 Robert Perkins
 Randall Raddatz
 Anne Reinsch
 Mrs. Bruce Rinehart
 Jessie Rogers
 Cindy Rollins
 Allen Schultz
 Erin Schurman
 Christin Seirup
 Kyle Sheeley
 Wendy Soukup
 Jamie Steber
 Tom & Barbara Teresi
 Tanya Tice
 Lisa Vait
 Carl & Suzanne von Ende
 Angel Wagner
 Aaron Walker
 Jeanne Walsh - *in memory of Eric A. Peterson*
 Jennifer White
 Andrew Wyhinny

Gifts In-Kind/Companies

Barrett Lawn Care
 Breadsmith
 Caribou Coffee - *Apple Valley*
 Catapult Printing
 Jess Coggins - *Art on Mission*
 Computex Technology Solutions
 The Julie & Kirk Cousins Foundation
 Dvtd
 Progress Valley
 Rocky Mountain Chocolate Factory
 St. Paul Saints Baseball Club
 Trader Joe's - *Bloomington*

Gifts In-Kind/Individuals

Keith Allen
 Erik Anderson
 Anonymous Donors
 Melissa & Dylan Bengston
 Jared & Ally Bostrom
 Lisa Buck
 Phyllis Burger
 Ginette Canniff
 Mona Carpenter
 Cathy Delmore
 Colleen Dorsey
 Tom Elmer
 Friends of Progress Valley
 Juli Grage
 Cathy Gunn
 James Hall II
 Jim & Jan Hall
 Kay Hamilton & Lani Jacobsen
 Stephanie Howes
 Samantha Keller
 Sue Kidd
 Kristine Kiltie
 Shannon Kilmartin
 Susanne Lambert
 Delaney Leighton
 Mara Leighton
 Jeff Mertens
 Ericka Miller
 Susan Pederson
 PV 2 Employees
 PV 3 Employees
 Cameran Renneke
 Kelly Roering
 Erin Schurman
 Beth Stenzel
 Leah Truesdell
 Angel Wagner

Every effort has been made to ensure this listing is accurate. If you find an error or omission, please contact Lisa Buck, Development Director at 952-956-3103 or email lbuck@progressvalley.org to update our records.





Progress Valley, Inc.
1100 East 80th Street
Bloomington, MN 55420

ADDRESS SERVICE REQUESTED

Progress Valley Locations

PV1 - Men's Program

**3033 Garfield Avenue South
Minneapolis, MN 55408
612-345-4227**

PV2 - Women's Program

**1100 East 80th Street
Bloomington, MN 55420
612-869-3223**

PV3 - Recovery Center for Men

**308 East 78th Street
Richfield, MN 55423
612-827-2517**

PV Outpatient Program

**1100 East 80th Street
Bloomington, MN 55420
952-956-3180**

PV Sober Housing

**1100 East 80th Street
Bloomington, MN 55420
952-374-5540**

PV Business Office

**1100 East 80th Street
Bloomington, MN 55420
952-374-5540**